

the BASIC facts

**Production
BASICS**

Newsletter for
Production Basics' Customers
March 2007

[Industry News](#)

[Products](#)

[Accessories](#)

Upcoming Events



Eptech Electronics Show (represented by EMX Enterprises)

--Winnipeg, MB, April
12

--Toronto, ON, May 1

--Vancouver, BC June
20



(represented by EMX Enterprises)

--Montreal, QC, May
15-17, Booth 614

Visit the [Trade Shows](#)
section of our website
for more information.

Industry News : Manufacturing and Management Podcasts

Are you a podcast junkie? Or are you wondering what aisle they are in at the hardware store? Podcasts are audio or video segments on a variety of topics, from TV shows to leadership training. They are similar to a radio show and can be downloaded to an MP3 player (Zune, iPod, Rio, etc.) or played on a computer. We've discovered some business and management podcasts that we thought would be great resources for you, and reviewed them here in The Basic Facts.

Visit these sites to browse and download podcasts:

www.apple.com/itunes. Note: iTunes requires a software download to browse, listen and download podcasts to your computer. There is no charge.

www.podcastingnews.com

www.podcastalley.com

America's Business: Mike Hambrick hosts America's Business, sponsored in part by the National Association of Manufacturers. It features current events in the industrial sector along with relevant economic and political issues. Also included is 'From the Factory Floor', a call-in profile of a manufacturing facility, and 'The Way it Was' a humorous and interesting look at the history of manufacturing. Available: www.podcastingnews.com, [iTunes](#)

Killer Innovations: This podcast talks about business, technology and creativity in the global marketplace. Out-of-the-ordinary opinions and ideas for business leadership. Available: www.podcastalley.com, [iTunes](#).

How Things are Made: This video podcast compiled by the National Association of Manufacturers will show you the inside scoop on the manufacturing process of shoes, mattresses, musical instruments, food, cars and much more. It's a fascinating look at processes, machinery and materials used by American manufacturers. Available: [iTunes](#)

Lean Manufacturing: Hosted by Gary Conner. Podcast designed for the 'made-to-order' shop presented in a seminar style. This podcast presents lean manufacturing in a simple way in short 15-minute segments. Great for an introduction to lean or if you are just starting your program. Available: [iTunes](#)

Manager Tools: Hosted by management consultants, Mike and Mark, this podcast provides a variety of information about business conduct including meetings, peer reviews, conflict management and even meal etiquette. Despite the name, this podcast is not just for managers, but for anyone who strives for professionalism in their career. Conversational style and humor make this podcast engaging and easy to listen to. Available: www.podcastalley.com, www.manager-tools.com, [iTunes](#)

What podcasts do you listen to? Tell us about it- e-mail thebasicfacts@pbasics.com.

[back to top](#)

[Products: www.pbasics.com redesigned](#)

You may have noticed that www.pbasics.com recently received a makeover. We've made it

easier for you to find workstations, accessories and information that inspires productivity.

In depth product specifications: Look-up weight, dimensions, weight capacity and materials for your ideal workstation.



Build a virtual workstation on-line: You don't have to order a workstation to try it out. Use our [on-line configurator](#) to change sizes, colors, accessory options and workstation styles. No charge and no registration required.

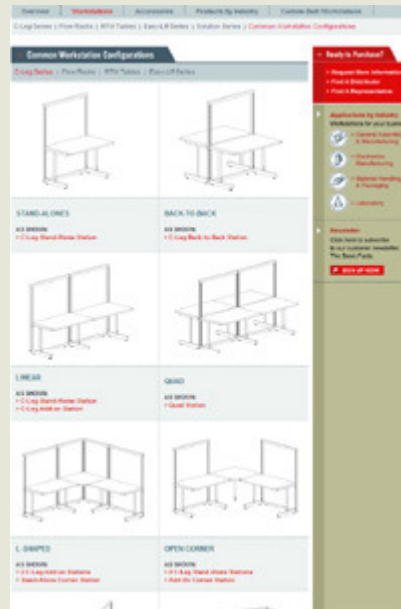
Enhanced search: Our site search now looks in more places for your keyword, giving you more complete results.

Quote Requests: Request a quote directly from www.pbasics.com that include quantity and color choices.

Workstations by industry: Don't know what you want yet? Click on your [industry icon](#) for suggested workstations.



Common workstation configurations: Check out your layout options for different workstation styles.



The best way to experience the new [website](#) is to try it out today and receive a coupon. Submit a quote request by April 1, 2007 and we'll email you a coupon for \$100 off 2 or more workstations-no April Fool's joke here! Add your coupon code **TBF307** to the comments of the quote.

Need help? Call 800.318.2770 for a personal tour.

[back to top](#)

Focus On: Accessories---Footrests

Inactive sitting can create health problems such as poor circulation, varicose veins and back discomfort. Footrests relieve pressure on the lower back and give operators more options for comfortable seating. Ergonomists recommend footrests especially for employees of smaller stature. Choose a footrest from Production Basics to prevent these issues that cause workers' compensation claims, lost time and low productivity.

To read more about the ergonomic benefits of Production Basics footrests, see the [expanded edition of The Basics facts on-line](#).

[back to top](#)

About this Newsletter

The Basic Facts is the e-newsletter for Production Basics customers. Your comments and suggestions on how we can make The Basic Facts more useful are welcome. Email thebasicfacts@pbasics.com.

[back to top](#)

sales@pbasics.com



www.pbasics.com