

#### Ergonomics & Industry News

Products & Accessories

August 2007

<u>Trivia</u>

Upcoming

**Events** 



Assembly Technology Expo --Donald E Stephens Convention Center; Rosemont, IL, Sept 24-27, 2007



#### **NEPCON East**

--Boston Convention and Event Center; Boston, MA, October 30-31, 2007

Visit the <u>Trade Shows</u> section of our website for more information.

# **Ergonomics News:** Free booklet to help you improve safety and ergonomics



Material handling isn't just for warehouses and distribution centers. Whether you supervise a laboratory, manage the front office or operate a pick and place machine, you need to move a variety supplies from point A to point B in your workplace.

A new publication <u>"Ergonomic Guidelines for Manual Material</u> <u>Handling,"</u> will help you identify problems areas and establish an ergonomics plan for your facility. This booklet was developed and published by the Material Handling Industry of America (<u>MHIA</u>), California Occupational Safety and Health Association (<u>Cal/OSHA</u>),

<u>CNA Insurance Companies</u> and the National Institute for Occupational Safety and Health (NIOSH).

Taking steps to reduce injury will increase productivity, product quality and overall business success. The booklet presents ideas to make lifting, moving and carrying easier and safer in any workplace. Photos and diagrams aid in identifying activities that may cause injury or discomfort, along with providing solutions to improve and address the issues.

The booklet also provides worksheets that give you an easy way to dig into improving safety and ergonomics. A comprehensive list of organizations with web sites is included in the back of the booklet, so you can continue your research about how to improve material handling in your facility.

Download the booklet today for free at http://www.cdc.gov/niosh/docs/2007-131/

# **Innovative Industrial Products**

The Industrial Designers Society of America (IDSA) recently announced the International Design Excellence Awards (IDEA) winners, which honors design excellence in a number of categories, including business and industrial products. Visit the ISDA web site to view award winners that may soon make it to your workbench.

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# **Products – Flow Rack**

Production Basics' Flow Rack is a versatile system that can be used in many industries. With a variety of accessories, worksurface materials and component sizes, you can create a task specific flow rack that works for your business.

Material Handling Laboratory Electronics Assembly & Manufacturing

Industry	Use	Benefit	Product	Additional Accessories

Material Handling	Picking/ Packing	Ergonomically position products, boxes, tape rolls, box cutters and other tools used in packaging and shipping.	Pick Station, Item #1815	Flat Screen Monitor Arm Scale Table Parts Bin Panel Adjustable Tube Footrest
Laboratory	& sampling materials	lab, prioritize tasks	Flow Rack System, Item # 1820	Phenolic Resin Worksurface Overhead Light Power Rail Peg Board Wire Shelf Binder Holder Paper Roll Holder
Electronics Manufacturing	Component inventory at the workbench	Fewer trips to refill supplies and product	Flow Work Cell, <u>Item#</u> 1805 and 1810	Slide Line Bin Rail and Extension ESD Quad Jack Tool Trolley System
Assembly & Manufacturing	Progressive Assembly- use a Flow Rack set-up between workstations	Faster assembly and less handling, safe handling	Flow Rack Upright (2) Standard Cross Bar Track Spacer Bar High Profile Track	Overhead Light Air Rail Power Rail CRT Monitor Arm CPU Holder Free Standing Footrest

Our Flow Racks consist of flexible and modular components designed to match the workstation task. Visit the flow rack section on our website or

contact us to discuss your ideal configuration. Toll free 800.318.2770 or sales@pbasics.com.

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# Trivia

#### **Production Basics trivia- win Production Basics gear!**

Where can you find Assembly Instructions for Production Basics products?

A winner will be drawn from correct entries. Submit entries <u>thebasicfacts@pbasics.com</u> for your chance to win a Production Basics prize.

### **About this Newsletter**

The Basic Facts is the e-newsletter for Production Basics customers. Your comments and suggestions on how we can make The Basic Facts more useful are welcome. Email <u>thebasicfacts@pbasics.com</u>.

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